




Dress Code-Ballet 2023-2024




Pre-Ballet with Tap 1, 2, 3 (approx. ages 3-7)

Light pink leotard (any simpler style, leotard can have simple adornments such as lace or rhinestones; it may have a plain short skirt (attached or separate) but NO tutu (NO SKIRTS for Pre-Ballet 3))

Plain light pink footed tights

Pink ballet shoes with elastic strap

Black tap shoes



Ballet 1 (approx. ages 6-11)

Light blue leotard (any style, NO skirts)

Light pink footed tights

Pink ballet shoes with elastic strap

Acceptable brands are Theatricals, Capezio, Mirella, Natalie, Bloch, Body Wrappers, and Motionwear



Ballet 2 (approx. ages 6-12)

Navy blue leotard (any style, NO skirts)

Light pink footed tights

Pink split sole ballet shoes with elastic strap

Acceptable brands are Theatricals, Capezio, Mirella, Natalie, Bloch, Body Wrappers, and Motionwear



Ballet 3 (approx. ages 7-14)

Lavender leotard (any style, NO skirts)

Light pink footed convertible tights

Pink split sole ballet shoes with elastic strap

Acceptable brands are Capezio, and Motionwear. For Body Wrappers and Wear Moi, lilac is fine
NO Bloch OR Theatricals (color is wrong)



Ballet 4 (approx. ages 10-17)

Burgundy leotard (any style, NO skirts)

Light pink footed convertible tights

Pink split sole ballet shoes with elastic strap

Pink pointe shoes with teacher approval ONLY

Acceptable brands are Theatricals, Capezio, Mirella, Natalie, Bloch, Body Wrappers, and Motionwear. For Wear Moi maroon is fine.



Ballet 5 (approx. ages 10-18)

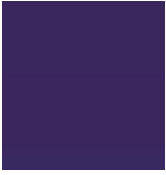
Hunter green or forest green leotard (any style, NO skirts)

Bras should not show (no colored sports bras, no clear plastic straps)

Light pink footed convertible tights

Pink split sole ballet shoes (will also need pink elastic ribbons) and pink pointe shoes

Acceptable brands are Theatricals, Capezio, and Natalie. Forest is acceptable for Body Wrappers and Motionwear



Ballet 6 (approx. ages 9-15)

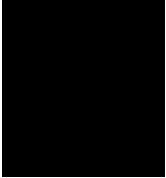
Eggplant leotard (any style, NO skirts)

Bras should not show (no colored sports bras, no clear plastic straps)

Light pink footed convertible tights

Pink split sole ballet shoes (will also need pink elastic ribbons) and pink pointe shoes

Acceptable brands are Theatricals, Natalie, Body Wrappers, SoDanca, and Ainsliewear



Ballet 7 and 8 (approx. 12-19)

Black leotard (any style, NO skirts)

Bras should not show (no colored sports bras, no clear plastic straps)

Light pink footed convertible tights

Pink split sole ballet shoes (will also need pink elastic ribbons) and pink pointe shoes

Colored leotards may be worn on Saturday if all classes are taken that week. If any class is missed a dancer must first make up the class before dancer may wear colored leotard. Ballet 8 dancers may also wear a colored leotard on Wednesdays if all classes are taken.



Boys

White t-shirt

Black tights or black bike shorts

Short white socks (if needed)

Black ballet shoes (split sole after Ballet 1)

Dance belt required (when needed)

Jazz, Musical Theatre

Dress code leotard

Tights

Full-length black jazz pants (required for performance)

Flat jazz shoes are required for all students

Slim fitting T-shirts & exercise shorts or capris may be worn over leotard & tights

No skirts, dresses, rompers, or street clothes

Character shoes may be required for musical theatre

Character (Ballet 5, 6, 7, 8)

Dress code leotard

Pink tights

Black character skirt (length should be under the knee)

Black character shoes

Contemporary and Pilates Reformer

Dress code leotard

Convertible tights (worn rolled up)

No shoes required (socks optional for Contemporary)

Slim fitting T-shirts & exercise shorts or capris may be worn over leotard & tights

Tap

Dress code leotard

Tights

Slim fitting T-shirts & exercise shorts or capris may be worn over leotard & tights (not Tap A)

Beginning ladies and all men: flat tap shoes

Intermediate ladies: tap shoes with a small heel

Advanced ladies may wear any kind of tap shoe but will need heels for performance

Conditioning and Pilates Mat (Summer)

Dress code leotard

Convertible tights (worn rolled up)-no shoes required

Slim fitting T-shirts & exercise shorts or capris may be worn over leotard & tights

A yoga mat is also required

Additional Information

In the proud tradition of classical ballet and out of respect for the art form, we strive to have a clean, uniformed look for our students in all of our dance classes. Please help us achieve this goal by purchasing leotards, tights, and ballet shoes that match our dress code requirements and by preparing your child's hair for class in the appropriate manner as listed.

- Dancers should appear neat at all times.
- Dance apparel with holes should be repaired immediately.
- Student's name should be on ALL dancewear, especially shoes.
- Elastics must be sewn on all ballet shoes (some shoes come pre-sewn).
- Drawstrings need to be tucked into shoes.
- No safety pins allowed.
- Split-soled ballet shoes are preferred for all students in Ballet 2 and higher. (Leather or canvas).
- Students of any age should always wear street clothing over their ballet attire when coming to and from their classes.
- Ballet shoes must never be worn outdoors as this tracks dirt into the studio and is detrimental to the marley floors as well as dangerous for the students.
- No jewelry allowed except small earrings and rings.
- During the winter, a tight-fitting dance sweater will be allowed for the first three combinations.
- No legwarmers
- Dress code is required for all LBA students
- Please do not buy ballet shoes with lots of room to grow. It's hard for students to use their feet in shoes that are too big.
- All female students may wear a colored leotard on her birthday or the class closest to it. Boys may wear a colored shirt on his birthday.
- Colored leotards are allowed for coaching, summer intensives, and classes before performances at the theatre.

Hair

Hair for ballet should be worn back in a classical bun with a hair net or bun cover and secured with bobby pins. Do not pull the hair through a ponytail holder or securing it only with a doubled over scrunchies to look like a bun. If a student has hair that is cut too short to pull into a ponytail, she should use a headband to keep hair off face. For Pre-Ballet 1 and 2, tap, jazz, modern, musical theatre, and conditioning a neat ponytail or bun is needed.